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UGC Sponsored
One Day National Workshop
On

**Strategies for Improving Health
and Nutritional Status among
Women and Children**

On 21st March 2020

Registration Form

Participant Details

Name (In Capitals) :

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Designation :

Institution :

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Address :

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Mob :

E-mail Id:

Title of Paper :

.....

Presentation : Oral

Registration Fee:.....

Name of the Bank.....

Amount..... Date of Payment.....

Accommodation Required: Yes..... No.....

Date and Time of arrival

Date:

Signature



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**Strategies for Improving Health
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Workshop Director

Dr. K. Dhanalakshmi

Head, Dept. of Sociology and Social Work &
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Organized by

**Dept. of Sociology and Social Work &
Centre for Women's Studies**

Acharya Nagarjuna University

**Nagarjuna Nagar, Guntur District
Andhra Pradesh – 522 510, India**

Workshop Email: drdhanalakshmi@anu.ac.in

Website: anu.ac.in

Venue

Seminar Hall

**Dept. of Sociology and Social Work
Acharya Nagarjuna University Campus**

About Acharya Nagarjuna University

The Acharya Nagarjuna University has completed 43 years of its existence. It was inaugurated on 11th September, 1976 by the former President of India, Sri. Fakhruddin Ali Ahmed. The University was established by the Act 43 of 1976 of A.P. State Legislature and Governed by the Act 4 of 1991. The University is spread across sprawling 300 acres located on the NH16, within the Capital Region of Amravati, between Vijayawada and Guntur. ANU offers Post Graduate education in 47 courses. The University runs PG Campus at Ongole and has over 450 affiliated colleges in Guntur and Prakasam Districts. The University College of Arts, Commerce and Law was established on 1st November, 2010 consequent to the decision made by the university to divide the campus college into 6 colleges. Today, it has 17 Departments and 8 Research Centers and all the departments are equipped with Departmental Libraries, Computer Labs, Smart Classrooms, Seminar Halls, etc.

Profile of the Dept. of Sociology & Social Work

Department of Sociology and Social Work was established in the year 1992 by the then Vice-Chancellor Prof. Y.C. Simhadri. Both Social Work and Sociology are field work based and employment oriented courses with theoretically and practically designed under semester system, to provide professional orientation and societal perspective outlook to the students. The syllabi are designed incorporating requirements for UGC NET and also other competitive examinations like UPSC, APPSC and for NGOs. The Department of Sociology and Social Work has a vision and mission in providing contemporary education in social issues/social problems and has the capacity to work in diversified ways individually and collectively provide valuable skill set to communities in crisis situations. Through the field work, project work and course design of Dept. of Sociology and Social Work has been very active in creation of awareness and tackling social problems through its extension programmes highly useful to students, public and government. Further the faculty has produced good number of Ph. D. and M. Phil degrees besides research projects have been undertaken. In addition to the faculty has published voluminous books, articles in reputed journals. Beside the Department has organised good number of National and International Seminars since its inception on various contemporary themes.

Need of the National Workshop

Health and nutrition constitutes the very foundation of human development by imparting immunity and thus, reducing morbidity, mortality and disability. In addition, it promotes lifelong learning capacities and enhanced productivity. Poor health and nutrition are two of the greatest barriers to overcoming poverty. Young girls often enter their reproductive years in an undernourished condition, and a staggering 75 percent of them are anemic. National Health and nutritional surveys show that the majority (60-80 percent) of India's poor, rural and socio-economically marginalized population have a 20-40 percent shortfall in their protein energy intake. This is even greater for pregnant and lactating women and young children. Expectant mothers put on less weight during pregnancy than they should 5 kgs on average compared to the worldwide average of close to 10 kgs.

In 2015, the UN Sustainable Development Goals enshrined the objective of ending all forms of malnutrition. This was a call for all nations to think and act differently on malnutrition; occasionally all of its face and work to end it for all people by 2030. Global Nutrition Report- 2016 clearly indicates how India still lags behind in tackling malnutrition on effectively. In terms of stunting, India ranks 114th out of 132 nations (incidence 38.7%) while for wasting it is 120th among 130 countries (incidence 15.1%). Regarding anemia prevalence among women of reproductive ages, India ranks 170th out of 185 countries (incidence 48.1%) and this is a matter of grave concern as well. Recently published studies in India and abroad have drawn attention to the country's poor ranking, in respect of malnutrition among women and children below the age of five years, despite the country's impressive economic growth since the 1990s.

Therefore interventions seeking to provide preventive health care in rural India needs to respond to these differences, by developing appropriate strategies addressing both women and girls and targeting them appropriately. Though, over the years, the Government has accorded the highest priority to combat malnutrition among its people, however, there is lack of multi-sectoral coordination which is most essential to address the inter-generational and multifaceted nature of malnutrition.

Objectives of the National Workshop

1. To develop effective nutrition sensitive approaches and strategies towards health and development of the community.
2. To sensitize the stakeholders on gender perspective of health, nutrition and development.
3. To equip the participants with hands on experiences through best practices, case studies, video films, field visits and IEC strategies.

Contents of the Programme

- Best strategies, interventions of improving and promoting nutrition among women and children
- Gender concepts and gender analysis of health care and nutrition in rural India
- Gender stereotypes influencing health and nutrition behavior in rural areas
- Behavioral change communication for improvement in implementation of nutrition development programs.

Methodology

Lecture cum discussion method, small group discussion, class room interactions, participatory group exercises, case presentation and analysis, audio visual presentations.

Participants

Staff from the following departments:

- Health & Family Welfare Department
- ICDS Staff/Anganwadi Teachers
- Faculty, Scholars and Students from Sociology, Social Work, Rural Development, Home Science, Women Studies and Nursing from Universities/ Institutes.
- Elected Representatives.

Registration Fee

Students & Research Scholars : Rs. 300/-
Academicians, NGOs & Employees : Rs. 500/-

**Account Name : KOLUSU DHANALAKSHMI
Workshop Director**
Account No : 150810100001811
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Branch : ANU Campus
IFSC : ANDB0001508